

# INDIGO RUN NEIGHBOR TO NEIGHBOR RESOURCE GUIDE

This Resource Guide includes local organizations and businesses that provide services and information to residents needing assistance. Contact was made with each of these groups to determine basic information, responsiveness to calls, and proximity to Hilton Head Island.

## ADULT DAY PROGRAMS

### **Alzheimer's Family Services of Greater Beaufort**

11 Bay Street Beaufort, SC 843-521-9190 [AFSGB.org](http://AFSGB.org)

Social day program, in home respite care (fee on a sliding scale), home educator to assist family, Caregiver Support Group

### **Memory Matters**

117 William Hilton Pkwy Hilton Head, SC 843-842-6688 [mymemorymatters.org](http://mymemorymatters.org)

Day program for individuals with mild to moderate cognitive impairment. Classes incorporate music, art, exercise, brain relaxation, a healthy meal and companionship. Caregivers are offered individual or group support sessions.

## BEREAVEMENT

Bereavement Groups sponsored by the hospice organizations below are available throughout Beaufort County. Call these organizations directly to get information on specific locations, days, and times of meetings.

<b>Hospice Care of the Lowcountry</b>	843-706-2296	Bluffton, SC
<b>Hospice Bereavement (Pruitt Health)</b>	843-522-0476	Beaufort, SC

The groups below are run by local parishes. Please call for meeting day and time.

<b>St Gregory the Great</b>	843-815-3100
<b>St. Francis by the Sea</b>	912-658-6728

## CAREGIVERS ASSISTANCE

**Assistance +** 843-816-0508 [apluscaremanagement.com](http://apluscaremanagement.com)

In-home consultation and evaluations, development of care plans, assistance in securing aides, repair services, house cleaners, transportation, referral to community resources, oversee bill paying, information on Medicare and Medicaid regulations and other government benefits.

## DEMENTIA CARE

**Harbor Cove Memory Care** 843-474-4940 Main Street, HHI [navionseniorsolutions.com](http://navionseniorsolutions.com)

Live in memory care facility

**Memory Matters** See information under Adult Day Programs.

## DIETARY REQUIREMENTS

**Gourmet on Wheels** 843-812-8876 [gourmetonwheels.org](http://gourmetonwheels.org)

Located in Okatie, SC this food service provides meals that meet special dietary needs. Menus are available on their website. Delivery to HHI is on Tuesdays.

## HOME CARE MEDICAL

**Amedisys**, 843 815-8088, [www.amedisys.com](http://www.amedisys.com), home health care, hospice, palliative care

**Care Solutions Home Healthcare**, 843 277-0079, [www.caresolutionshh.com](http://www.caresolutionshh.com), home health care supplies, companions, in home nursing care (CNA's, LPN's, RN's, post-surgical assistance, physical disability support, care for dementia patients

**Encompass Health**, 843-705-8044, [www.encompasshealth.com](http://www.encompasshealth.com),

Home Helpers Home Health, 843 837-3041, [www.homehelpershomecare.com](http://www.homehelpershomecare.com), Transportation, companion care, personal care, change, feed, change beds \$25-\$36/hr., contact Melody Jones, Director of Client Services

**Kindred at Home**, 843 815-2549, [www.kindredathome.com](http://www.kindredathome.com), PT, OT, Speech Therapy, home health aide, medical social work, palliative care, hospice care, Lora Rodgers, Clinician Manager, EXT 22001, [lora.rogers@genpiva.com](mailto:lora.rogers@genpiva.com)

**THA Group**, 843 208-3660, [www.thagroup.org](http://www.thagroup.org), PT, ST, OT, medical home healthcare, life care, eldercare, chronic disease management, telemedicine, palliation services, non-profit in-home Medicare certified hospice services

**Pruitt Health**, 843 872-0946, [www.pruitthealth.com](http://www.pruitthealth.com), hospice and palliative care, recovery care, post-surgical wound care, rehabilitation care (PT, OT, ST, stroke rehab), chronic issue management.

## **HOME CARE NON-MEDICAL**

**Be Well Home**, 843-377-4663, [www.bewellhomeservices.org](http://www.bewellhomeservices.org), located in Mt. Pleasant, (Lutheran Church affiliation), very wide range of non-medical help services listed on website. That is why, they have been included, though they are a bit out of range geographically.

**Bright Star**, 843 837-3773, [www.brightstarcare.com/hiltonhead](http://www.brightstarcare.com/hiltonhead), personal care needs, post-operative care, Alzheimer and dementia care, 24-hour live-in care, companion care, childcare,

**Care Solutions Home Healthcare**, 843 277-0079, [www.caresolutionshh.com](http://www.caresolutionshh.com), (see under home care medical for services.

**First Light Home Care**, [www.firstlighthomecare.com](http://www.firstlighthomecare.com), 843 605-9140, change bed linens, laundry, meal prep, light housekeeping, companion. Bathing, hair care, dental hygiene, post hospital care, dementia care, family caregiver support, post-surgical and rehab Care.

**Griswold Home Care**, 843 605-4279, [www.griswoldhomecare.com](http://www.griswoldhomecare.com), companion care, homemaking, home care services, personal care, respite care, live-in (Overnight) care, Alzheimer's and dementia care, post-surgical and rehab care, neuromuscular care, fall prevention and recovery care. Private pay, long term care insurance and veteran's benefits are accepted.

**Home Helpers**, 843 837-3041, [www.homehelpershomehealth.com](http://www.homehelpershomehealth.com), see under Home Care Medical for list of services.

**Kindred at Home**, 843 815-2549, [www.kindredathome.com](http://www.kindredathome.com), see under home care medical for list of available services.

**Right at Home**, 843 815-7890, [www.rightathome.com](http://www.rightathome.com), companionship care, homemaking, physical assistance, hygiene, wellness, skilled nursing, non-medical home care, home health aide, respite care, Alzheimer's / dementia care, health reminders, accompanied transportation.

**Senior Helpers**, 843 305-7895, [www.seniorhelpers.com/sc/hiltonhead-beaufort](http://www.seniorhelpers.com/sc/hiltonhead-beaufort), Alzheimer's/dementia care, companion care, transitional care, VA benefit assistance, surgery assistance, end of life support care, Parkinson's care, personal care, chronic disease care, respite care, wellness watch, concierge care.

**Southern Helpers**, 843 310-1129, [www.synergyhomecarehhi.com](http://www.synergyhomecarehhi.com), personal care, companion care, homemaking (8-12 hr. shifts), childcare, orthopedic recovery, movement disorders, respite care, hospice, and palliative care.

**THA Group**, [www.thagroup.org](http://www.thagroup.org), 843 208-3660, see services under home care medical.

## **RESPITE/HOME ASSISTANCE/TRANSPORTATION**

**Safe Harbour**, 4 Northridge Drive, HHI 843-671-7233 [hhisafeharbour.org](http://hhisafeharbour.org)

Provides transportation and other services to HHI residents to enable them to safely remain in their home. Transportation for non-drivers. Assistance with minor household chores, shopping. This is a non-profit organization staffed by screened, bonded, and insured volunteers. Fee is \$600. for a single member and \$1000. for a couple annually.

## **SUPPORT ORGANIZATIONS**

**South Carolina Commission for the Blind**, 888-335-5951 [SCCB.state.sc.us](http://SCCB.state.sc.us)

Provides vocational rehabilitation. Low vision evaluation and equipment and training for assistive devices is available. Help to adapt the home and assistance with learning mobility skills.

**South Carolina Association for the Deaf/Hearing Impaired**, 803-794-3175

Advocacy and peer support programs. Information resources, Interpreter list. Driver Communication cards. Video Remote interpreting.

**Parkinson's Support Group** Contact Memory Matters, 843-842-6688 [mymemorymatters.org](http://mymemorymatters.org)

Daily living skills. List of current medical providers and organizations are available. Support groups and physical training resources.

## **TECHNOLOGY ASSISTANCE**

**HHI Computer Club**, 843-842-4475 70 Shelter Cove Lane HHI

Assist members to better understand all aspects of technology. Classes and individual help are available. Annual membership-\$25.

## **TRANSPORTATION**

**S & J Taxi**, Direct Service Number (driver will use this number to answer) 843 686-3333, Provides service to airports and hospitals in Savannah, Charleston, and Jacksonville, requires 24-hour notice (two days' notice is wonderful!). Operator answers 24 hours per day. Family operation. Savannah rates: first two people = \$120, additional passengers \$50 each. There is a local rate for Indigo Run. They deliver delayed luggage. Charges \$22 for ride home from Hilton Head Hospital to Indigo Run. Hilton Head Hospital is their biggest client. Ask for John.

**Shoreline Medical Transport** 843 645-9191 Ext. 5020 for supervisor, **medical emergency transport only**.

**Yellow Cab**, 843 686-6666, will transport to hospital, airports. Does not accompany after transporting. Ask for Tim Griffin.

**Bluffton Taxi**, 843 757-9999, will transport to and from hospital, to and from airport, no accompanied drop-offs.

## **VETERAN'S ASSISTANCE**

**Beaufort County Veterans Affairs** Carl Wedler 843-255-6881

Carl has an office at the Beaufort County office on HHI. Call in advance for an appointment.